

An illustration depicting overconsumption. A person in a green shirt and dark pants is pushing a shopping cart overflowing with various items like clothing, shoes, and bags. The background is a dense, chaotic pile of similar items, suggesting a state of excess. The entire scene is rendered in a muted, dark red color palette.

Overconsumption

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Class: kvarta



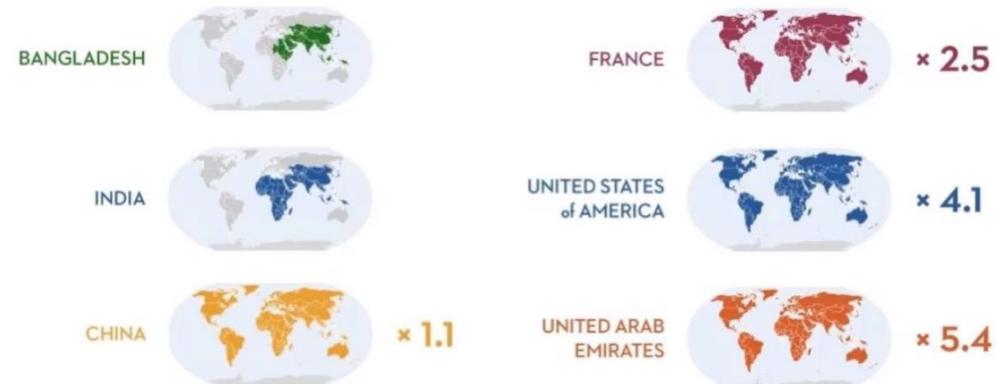
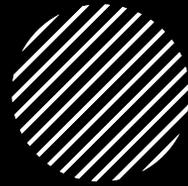
Erasmus+

Our school is part of erasmus+ project Save the planet. Last Monday (12.4.2021) we had workshop about Carbon footprint and we learned how to reduce carbon footprint. So we are pleased to introduce you our knowledge about it.



Consumption in the world

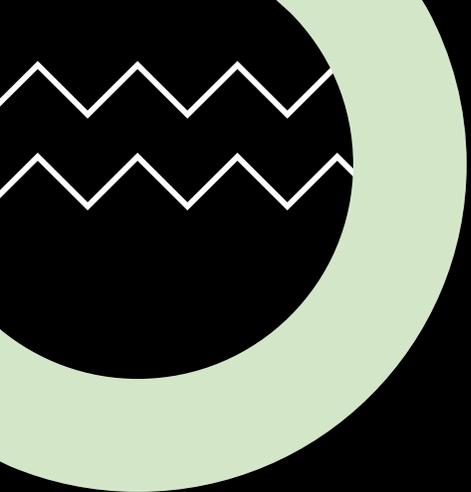
- We are spending so much things nowadays, so we should reuse and repair things. On the pictures down bellow you can see how much of material we spend.



Voluntary modesty

1. Refuse
2. Reduce
3. Reuse and repair

- These are some of basic norms, that we should have. Refuse when you don't need to have something, reduce some of the things you are using and reuse and repair old things that you don't use anymore.



Refuse

- Refuse things you don't need to have
- When you're buying something ask yourself a question if you really need it (For example: You're buying shoes. Do you really need them? Don't you have enough of shoes?)



Reduce



VS



- Try to reduce things you are already using
- Ask yourself a question: Do you really need that much of it? (For example: You're eating a lot of sweets. Try to reduce them. You'll save money and planet. And that's worth it.)





Reuse and repair



- If you have something that is old or not used you should give it a new function and repair it or reuse it (For example: You have some old shirt that you don't use anymore you can reuse it as a rag.)





The trap of **green** consumption



- Don't buy eco things, try to reuse old things because even if we are buying eco friendly things it's also bad for our planet if we buy new things when we don't need them



What can we do?

Recycling – is the process of collecting and processing materials that would otherwise be thrown away as trash and turning them into new products

Is it really so hard throwing that plastic bottle into the container that is set for plastic – I don't think so





Composting is when you decompose organic materials into fertilizer

- try to compost things like potatoe peels, banana peels and bio junk



Surplus and leftovers - What can you do with it?

You can preserve surplus food, you can also freeze it and eat it later or you can gift it to someone, too.

For example: If you have a garden and you have a lot of crops you can preserve part of the crops.



Thank you for
your
attention

